

MacMorran Messenger

MacMorran is Celebrating 30 Years!



Upcoming Events and Programs

Centre Closed - Tuesday, July 1st for the Canada Day holiday.

Food Bank & Clothing Room will be closed July 28th and will re-open on August 18th.

Looking for Assistance in:

- Applying for EI
- Doing your resume and cover letter
- filling out job applications
- finding grants and scholarships
- basic job search

Contact Audrey Wade Didham, our Community Employment Facilitator at 722-6480 or adidham@ccanl.ca

Healthy Baby Club

Our Healthy Baby Club is an on-going program that provides support, guidance and a nurturing atmosphere to pregnant mothers. We also provide \$20.00 Sobeys gift cards to help you buy the foods you need. This will help your baby reach a healthy birth weight! This weekly group meeting provides an opportunity for mothers to get together with other pregnant women in a relaxed and friendly environment. If you or someone you know is in need of some extra support during pregnancy, please call Annette at our Brighter Futures office, 739-8096 or email at Annette@brighter-futures.net.

Senior's Summer Outings

Outings will take place again this summer for seniors 50 and over. Registration will be ongoing weekly before each event. Spaces are limited. Details to follow.

Trail Blazers

New program has begun! Trail Blazers have been burning up the trails! Walking and hiking days are Monday, Wednesday, and Friday at 12:30pm. All are welcome to join. Call Donna @ 722-1168 for more info.

UNTA Meeting

Next UNTA meeting is July 8th, 7pm at the centre. Everyone welcome! We will be discussing ideas for an adult outing and the Lantern Festival.

UNTA Canada Day Celebration

July 1st, 11am-2pm at the centre. Lots of fun, **free** activities for the family. Tickets can be purchased for a kid's theme basket, adult theme basket, or 50/50. \$1 per ticket or 3 tickets for \$2.

Thank you to our volunteers, board members, partners, community members & staff for a wonderful 30 years!



Trail Blazers enjoying the walking and hiking trails this summer. Lots of icebergs to be seen!





Congratulations to our two CBC Play On Hockey teams who competed in the tournament on June 21st!! Everyone played well and represented MacMorran in fine style! Way to go!!

Pictured above: Under 15 Youth team - Nathan Froude, Nick Reid, Evan Conway, Gene Phillips, Jacob Stamp, and goalie Josh Hynes.



A great big thank-you to all participants who gave up their Saturday afternoon in May to come down and clean up around the centre. The place is starting to look a lot cleaner. With approximately 20 people, we managed to tidy things up, do some prize draws and have lots of fun. Again, great job and a very big thank-you from all staff at MacMorran Community Centre.



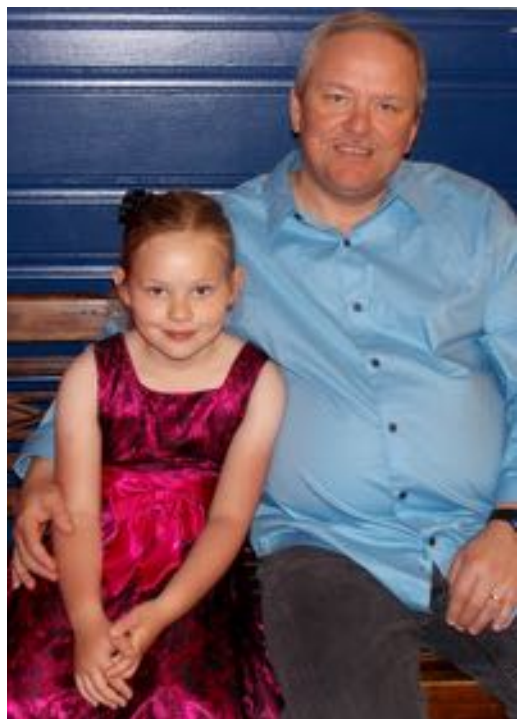
The Grades 1 to 3s in the After School Literacy Program had an End of the Year Celebration! Great job everyone!



The UNTA organized a Community Clean Up in June. Thanks to those who helped out!



Celebrating Our Fathers & Grandfathers



HORRORSCOPES

By Everett Piercey, Community Resident

Cancer (June 21 to July 22)--- A good goal is like a strenuous exercise-it makes you stretch.

Leo (July 23 to Aug. 22)---If you reveal your secrets to the wind, you should not blame the wind for revealing them to the trees.

Virgo (Aug. 23 to Sept. 22)---A compromise is an agreement whereby both parties get what neither of them wanted.

Libra (Sept. 23 to Oct. 22)---In order for you to succeed, your desire for success should be greater than your fear of failure.

Scorpio (Oct. 23 to Nov. 21)---We are each of angels with only one wing, and we can only fly by embracing one another.

Sagittarius (Nov. 22 to Dec. 21)---Control your own destiny or someone else will.

Capricorn (Dec. 22 to Jan. 19)---The grand essentials of happiness are; something to do, something to love, and something to hope for.

Aquarius (Jan. 20 to Feb. 18)---We can't become what we need to be by remaining what we are.

Pisces (Feb. 19 to Mar. 20)--- Being right half the time is better than being half right all the time.

Aries (Mar. 21 to April 20)--- The caterpillar has to first stop being a caterpillar before it can become a butterfly.

Taurus (April 21 to May 20)---Open your arms to change but don't let go of your values.

Gemini (May 21 to June 20)---A dream you dream alone is but a dream. The dream you share with others is a reality.

MacMorran Community Centre Facebook Page--Please join our Facebook Page to keep up with current programs and events.

Our **Nurse Practitioner**, Glenda Stagg Sturge, is accepting appointments for **Thursdays** at the centre. Please call Glenda at 752-4906 for more info or to book an appointment.

**MacMorran Community Centre would like to say
THANK YOU to our sponsors and partners!**

Community Food Sharing	Thrive
Community Centre Alliance	VOCM
C.A. Pippy Park Commission	St. Pius X Parish
College of the North Atlantic	Sisters of Mercy
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Department of Education, Gov. NL	Brighter Futures
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Department of Tourism, Recreation and Culture, Gov. NL	
School of Physical Education, MUN	City of St. John's
MacDonald Drive Junior High	Service Canada
Rennie's River Elementary	Tilt House Bakery
Gonzaga High School	AES
St. Bonaventure's College	Catholic Women's League
Community Access Program (CAP)	Royal Bank of Canada
School of Social Work, MUN	NAPE
School Children's Food Foundation	
United Neighbourhood Tenant's Association	

**MacMorran Community
Centre**

10 Brother McSheffrey Lane
Box 21046
St. John's, NL
A1B 5B2

Phone: 709-722-1168

Fax: 709-722-1885

Email:

jcrockwell@macmorran.ca

MacMorran Community
Centre is a registered charity.
We greatly appreciate any
food, clothing, or monetary
donations.

Deadline for our August
newsletter is July 14th.

MacMorran's Services and Contacts

Executive Director (Ext. 1)

Jim Crockwell jcrockwell@macmorran.ca

Program Director (Ext. 2)

Donna Connors dconnors@macmorran.ca

Community Employment Facilitator (Ext. 3)

Audrey Didham 722-6480 adidham@ccanl.ca

Child & Youth Facilitator (Ext. 4)

Justin Taylor jtaylor@macmorran.ca

Skills Link Coordinator (Ext. 8)

Sheri-Lynn Bussey sbussey@macmorran.ca

Community Outreach Worker (Ext. 5)

Stacey Warfield swarfield@macmorran.ca

Senior's Program Coordinator

Lacey Churchill lchurchill@macmorran.ca

MacMorran Staff:

709-722-1168

Youth Outreach Worker - Barry Smith

bsmith@thrivecyn.ca 771-1194, 757-0845

Family/School Liaison Worker - Jennifer Colbourne

jcolbourne@thrivecyn.ca 771-1305

Public Health Nurse (Ext. 6)

Dora Williams 752-4891

Nurse Practitioner (Ext. 7)

Glenda Stagg Sturge 752-4906, Thursday Appts.

Brother McSheffrey Outreach House (Ext. 9)

43 Brophy Place 722-1522

Food Bank-Open Mon & Thurs from 12-1pm

Monday-Families, Thursday-Singles or Couple

Call 739-1329 BEFORE 12pm to request hamper

Clothing Room-Open Tues 1:30-2:30pm for McGrath,

Blackwood & outside areas; Thurs 2:30-3:30pm for

Brophy, Kelly & Hunt's Lane. 739-1329